

Travel essentials during coronavirus



TO DO (Before Trip)

- Check for official updates on the FCO website
- Find out who the British Ambassador is in case of an emergency
- Ensure you have travel insurance (and ensure you understand what is covered)
- Research the rules, regulations and safety measures of the country you're visiting
- Check the validity of your passport, insurance and EHIC card
- Print or save copies of your most important documents
- Get a prepaid cash card or a card with minimal/zero transaction fees

TO PACK

Toiletries

- Hand sanitiser
- Soap and shampoo bars
- Face masks
- Disposable gloves
- Anti-bacterial wipes
- Tissues



Medicines

- Plasters
- Hayfever tablets
- Paracetamol
- Flu tablets
- Digital thermometer



Other essentials

- Passport
- Booking confirmation print-outs
- EHIC card
- Visa (if relevant)
- Travel insurance
- Credit, debit or prepaid cards



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